

# Stay up to date to stay safe.

Here are the latest guidelines issued by the City of Long Beach for workplace safety.  
For more information, visit [ridelbt.com/coronavirus](http://ridelbt.com/coronavirus) or [cdc.gov/coronavirus](http://cdc.gov/coronavirus).

## Have a cough or fever? Don't come to work.

Please do not enter any Long Beach Transit facility if you are feeling unwell.

## Sneeze and cough into tissues or cloth.

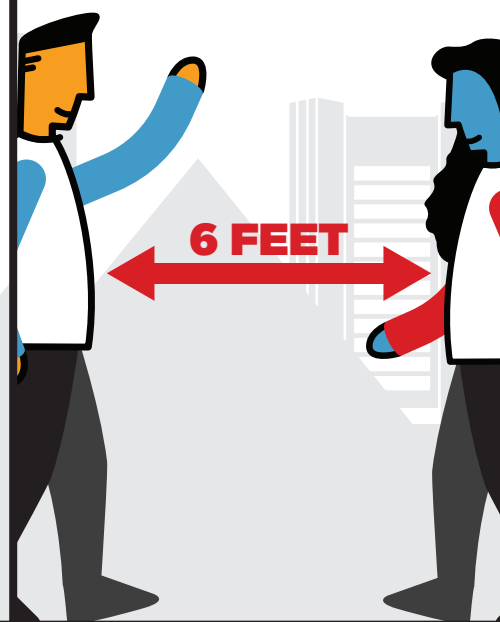
Prevent respiratory droplets from getting into the air by using coverings or your elbow.

## The 6-foot rule is still in effect.

Maintain physical distancing from others wherever possible inside any LBT facility.

## No hand shaking, high-fiving or hugging.

Please avoid any unnecessary physical contact in the workplace.



## Protect yourself and others.

### How to wear a face covering



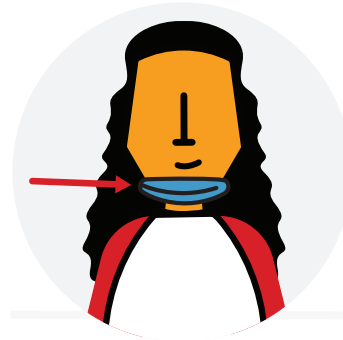
- Wear your face covering so it comes all the way up close to the bridge of your nose.
- Make sure it covers all the way down under your chin.
- Do your best to tighten the loops or ties so it's snug around your face, without gaps.



**DON'T:** Wear your face covering so it is below or covers just the tip of your nose.



**DON'T:** Leave your chin exposed.



**DON'T:** Push your face covering under your chin to rest on your neck.



**DON'T:** wear your face covering loosely with gaps on the sides.